Acrobat Reader 5.0[®] **NAVIGATION TIPS**

For optimal viewing

- Use Internet Explorer 5[®] or later. To download the most recent version http://www.microsoft.com/windows/ie/default.asp
- Maximise your browser window
- Text size setting in your browser should be no greater than Medium
- Click on a Heading in the navigation to expand. Click again to minimise
- Click on a Sub-heading to view a PDF file
- Use the **Back** button in Internet Explorer to retrace your steps
- Click on the Bookmarks tab to access additional navigation links when available
- To print the samples click on the printer icon on the Acrobat Reader navigation bar. The PDF files will not print from the Browser File menu.

To play audio: 1) Click on the Listen To Audio Sample button.

- 2) The audio file will open in either RealMedia Player or QuickTime [if installed]. If an error window appears - check 'do not show again' and OK.
- 3) Use the control to pause, start, adjust volume etc.
- 4) Use the **Back** button in your browser to go back/end the audio.

To play video: 1) Click on the View Video Sample button.

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Col Listen TO AUDIO SAMPLE

- 2) The video will open in QuickTime. If it does not, you need to install QuickTime. The installer is on this CD-ROM. Follow the installation instructions.
- 3) Use the **Back** button in your browser to go back/end the video.

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NavigationNavigationCurrent PageNext andPage SizePage LayoutPaneToolbarLast PageSingle/Continuous/Continuous Facing		
Acrobat Reader Toolbar explained		
4		View the Previous or Next Page. You can also use the scrollbar to scroll down/up. Each sample is a single PDF file.
I∢	▶ I	Go to the First or Last page of the PDF file.
4	٠	Re-trace your steps using the Go to Previous View and Go to Next View buttons OR use the Back button in your browser.
Ÿ	€	Use the Zoom Tool to enlarge the Sample [Shortcut: depress Ctrl and + key or - key]. Use the Hand Tool to navigate within the PDF file.
		You can also navigate using the Bookmarks and Thumbnails Navigation Pane . Bookmarks provide additional navigation to view the Support Material in the Standards Package.
	8	Click on the printer icon in the Acrobat Reader navigation bar to print a PDF file. Please note that the PDF files will not print from the Browser File menu. When printing from Adobe Acrobat Reader choose Shrink to Fit from the print options.